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## Training Officer's Report AGM 2022

Tim Hulse

The training season traditionally runs from October to March, with a nationally ran open training each month. The past winter has seen a large strategical shift from the RYA and UKLA to a regional programme, based on the North/Midlands, East and South.

Each region has held open training each month, effectively tripling the number of coaching days offered to the membership. Coaching weekends offered to the membership have increased from 6 over each winter to over 20, spread across the country. There has been significant success in the East region where numbers were consistently over 40 boats. This success comes from Shaun Priestley's specific focus on the region and support from the Royal Hospital School with resources and time. The North and Midlands has been building over the past two winters with Ali Young and Ali Goodwin doing great work to build a consistent coaching team. Parental support from Paul Colquitt has been much appreciated in getting training at a sea venue, West Kirby. The traditionally Strong South region has stayed strong and with numbers often over 30, resources are always stretched. Support from the Andrew Simpson Performance Academy has been much appreciated and allowed the number to increase.

Reflecting on the regional system, there have been many successes and the increased training days offered to the membership has been the highlight. Undoubtedly, when you move from a National to regional system, this opens up the training to a far wider demographic of sailor, both in age and ability. Open training is truly 'open' and we celebrate this as a Class Association, ensuring all sailors in the Class feel supported with the open to progress is vital. Due to this, and having taken on much feedback, the winter of 2022-2023 will also now have a National Training Weekend per month, alongside the existing regional training. To attend the National training weekend we ask that you have attended open training for a minimum of one winter, and/or been in a current or previous RYA squad. By having some parameters on the National Training weekends, we look to offer slightly more bespoke race training aimed at sailors looking to attend National and International events. These weekends will also help support the under 25 ILCA 7 programme which has traditionally struggled to attract numbers, due to the smaller fleet size.

ILCA Skills week has been of huge success, tripling in size to well over 80 sailors in the summer of 2022. This week is a great opportunity to come along and join the UKLA community, regardless of age, rig or ability. The Andrew Simpson help support the week with resources and coaches, meaning some fun paddleboard evening fun, along with BBQ's and Zest team racing. Places have been limited but we are always looking to open it up to more, please keep your eyes out!

Finally, thank you for all the support over the previous 12 months, the support of parents and sailors has been overwhelming and as a class, we look to continually develop and serve the membership.

Many thanks

Tim Hulse

